

NDIS Fact Sheet

This fact sheet has been designed to provide you with information about the National Disability Insurance Scheme (NDIS) and to assist you in preparing for the transition. The NDIS is set to roll out in Queensland from 1 July 2016 through to 2019. It will give you more choice and control over the services and supports that you have in your life.

Will you be eligible?

If you have a permanent disability which affects your ability to take part in everyday activities; are an Australian citizen, a permanent resident or a New Zealand citizen who holds a protected special category visa; and you are less than 65 years when you first access the NDIS then it is likely you will be able to access funded support under the NDIS. See My Access Checker www.ndis.gov.au/my-access-checker.

What do you do next?

- If you are eligible you can already start preparing. Muscular Dystrophy Queensland will provide you with an NDIS Planning Workbook and start conversations with you about visioning for the future. This can be done at your own pace. By preparing now it will mean that by the time you meet with your NDIS planner you will be more prepared and likely to achieve a better outcome
- Once the NDIS starts you will continue collaborating with your NDIS planner to determine your supports which will be funded through the scheme
- Following this process you are then able to choose the service providers that best suit your needs
- You can also select how you manage your funding. You may choose to self-manage or you can also receive assistance through the National Disability Insurance Agency or another plan management provider

When do I start preparing?

Muscular Dystrophy Queensland encourages you to start preparing now. The NDIS Planning Workbook provides the basis for the questions that will be asked by the NDIS Planner. By completing the workbook at your own pace it gives you the best opportunity of optimising your funding to meet your day-to-day needs. It will also mean that you will be ready when you meet with your NDIS planner.

Did you know that Muscular Dystrophy Queensland can support you now if you have individualised funding through 'Your Life Your Choice' - ask us for more info!!

For more NDIS information (including NDIS workshops in your local community) please contact Muscular Dystrophy Queensland on 1800 676 364, visit www.mdqld.org.au or follow us on facebook.

Other helpful websites include www.communities.qld.gov.au and www.ndis.gov.au



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